

# State and National Resources for Cancer Survivors



A Guide for Nurse Navigators, Social  
Workers, Patient Navigators, and  
Community Health Workers



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# INTRODUCTION

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Nurse navigators, patient navigators, and community health workers (CHW) are uniquely positioned to provide resources to cancer survivors. The Centers for Disease Control and Prevention (CDC) considers a cancer survivor to be any person from the point of diagnosis throughout the remainder of their life. A cancer diagnosis can be overwhelming to the patient and their family. Many need assistance or specialized support.

This guide organizes state and national resources for cancer survivors. Its companion document, *Community Scan: Finding Local Resources*, is a guide for searching and recording local resources. Finding community resources to support people with cancer is an important service that navigators and CHWs can provide to support health and wellness. Both documents examine:

- Reducing barriers to cancer care
- Education and information
- Fertility preservation
- Financial resources
- Healthy lifestyle resources
- Psychosocial support
- Underserved populations
- Cancer site or age specific resources
- Cancer caregivers

This document will be reviewed quarterly to update links and resources.

# INSTRUCTIONS

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1. Review this document to become familiar with the variety of resources available for people with cancer (or a past diagnosis of cancer).
2. Bookmark this document under your favorites in your web browser and refer to it through the weblink to make sure you are reviewing the most up-to-date resources.

# Reducing Barriers

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## Transportation

- Medicaid – Michigan Medicaid may help with transportation. Encourage individuals with Medicaid to work with their Medicaid provider for transportation assistance.
- American Cancer Society – [Road to Recovery](#) (currently suspended due to COVID-19).
- [CancerCare](#) – Limited financial assistance for treatment related transportation. Individuals who are in active cancer treatment and under 250% of the Federal Poverty Limit are eligible.
- [Mercy Medical Angels](#) – Their mission is to remove the barrier to medical care with transportation assistance for commercial airline travel and ground transportation.
- Faith-Based Organizations – Churches, temples, or synagogues may provide help with transportation to cancer treatment.

## Lodging

- [Airbnb and the Cancer Support Community](#) – This partnership provides free housing for cancer patients and caregivers who meet certain geographic (travel for at least 50 miles) and income (based on household size) criteria. Contact 877-793-0498 for an application.
- [American Cancer Society Hope Lodge](#) – Patients and caregivers are offered a free place to stay when treatment is in another city (currently suspended due to COVID-19).
- [Extended Stay America: Hotel Keys of Hope](#) – The American Cancer Society is partnering with Extended Stay America to provide free and discounted hotel program stays to patients receiving treatment away from home. Call the 24-hour Cancer Information Center at 800-227-2345 for more information.

## One-on-One Assistance

- [CancerCare](#) – Oncology social workers provide free telephone case management services to people with cancer, post-treatment survivors, and caregivers.
- [Livestrong Navigation](#) – Provides free and personalized support for the practical, physical, and emotional concerns that accompany a cancer diagnosis. It also provides support with managing medical costs and insurance challenges, fertility preservation, understanding treatment options, and accessing emotional support.
- [Patient Advocate Foundation](#) – Provides free and personalized [case management services](#) to survivors, caregivers, and providers. Call 800-532-5274.

## Cleaning Assistance

- [Cleaning for a Reason](#) – Will provide one free house cleaning to households facing a diagnosis of cancer. [Click here to see if it is available in your area.](#)

# Education and Information Resources

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- [American Cancer Society](#) – Provides a phone helpline answering questions 24 hours a day. The [Personal Health Manager](#) assists with organizing cancer information.
- [Cancer.net](#) American Society of Clinical Oncology (ASCO) – A website resource containing a variety of cancer education topics.
- [Cancer and Careers](#) – Provides information on employment for people with cancer.
- [Cancer Legal Resource Center](#) – Addresses the legal issues faced by people with cancer. Resources include a [Patient Legal Handbook](#).
- [CancerCare](#) – Provides education resources on a variety of topics, many in Spanish.
- [Centers for Disease Control and Prevention](#) – Provides information on cancer survivorship.
- [FORCE](#) – Looks behind the headlines of cancer news to increase understanding of research for those with breast, pancreatic, ovarian, and prostate cancers.
- [Livestrong](#) – Provides a variety of [resource articles](#) including: money and insurance, practical needs, emotions, fertility, and health and wellness. Their [Guidebook](#) provides information and resources to address concerns related to diagnosis and treatment.
- [National Cancer Institute](#) – Provides information on different cancer types, clinical trials, [coping with cancer](#), [cancer survivorship](#), and the topics noted in the following booklets:
  - [When Cancer Returns](#)
  - [Facing Forward: Life After Cancer Treatment](#)
  - [Chemotherapy and You: Support for People with Cancer](#)
  - [Cancer Pain Control: Support for People with Cancer](#)
  - [Radiation Therapy and You: Support for People with Cancer](#)
  - [Thinking about Complementary and Alternative Medicine](#)
- [National Coalition for Cancer Survivorship](#) – Shares different types of educational resources including the [Cancer Survival Toolbox](#) , two [Cancer Survivorship Checklists](#) (in treatment and finished treatment), and information on [COVID-19](#) for cancer survivors.
- [National Comprehensive Cancer Network](#) – Has patient resources available in a variety of languages. Resources include booklets on cancer treatment for a wide variety of cancers, supportive care, and guidelines related to adolescents and young adults.
- [Palliative Doctors](#) – The patient website for the American Academy of Hospice and Palliative Medicine. It contains information about hospice and palliative care.
- [Patient Resource](#) – Provides patient information on a variety of cancer-related topics free of charge.
- [Triage Cancer](#) – Provides education on the practical and legal issues that may impact individuals diagnosed with cancer and their caregivers.

# Fertility Preservation

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## Education Around Fertility in Cancer

- [Alliance for Fertility Preservation](#) – The exclusive focus of this organization is fertility preservation for cancer patients. This site is a resource for cancer patients who have a fertility risk presented by their cancer treatment.
- [American Cancer Society](#) – This webpage provides information about the process of fertility preservation for those with cancer.
- [American Society of Reproductive Medicine](#) – Has a section on its website dedicated to patient education, including a [video on fertility preservation for cancer patients](#).
- [Cancer.Net \(for children\)](#) – This webpage provides information about preserving fertility in children with cancer.
- [CancerCare \(for adults\)](#) – Two PDF documents are provided:
  - [Coping with Fertility Concerns: Finding Resources and Support](#)
  - [Coping with the Loss of Fertility](#)
- [Save My Fertility](#) – Provides an online fertility preservation toolkit for patients with cancer and their providers.
- Young Survival Coalition – Has two webpages on this topic:
  - [Before Cancer Treatment](#)
  - [After Cancer Treatment](#)

## Fertility Preservation Resources

- [Alliance for Fertility Preservation Resource Page](#) – Shares links to fertility financial assistance programs.
- [Livestrong Fertility Program](#) – Provides reproductive information, resources, and financial support to survivors whose cancer and treatment can cause fertility risks. This includes discounted fertility preservation services and free medications.
- [Team Maggie](#) – Provides financial assistance to women and men with cancer, who have been denied coverage by insurance, for the purpose of preserving eggs and sperm.

## Women who are Pregnant with Cancer

- [Cancer.Net](#) – This webpage provides information on facing cancer during pregnancy.
- [Hope for Two: The Pregnant with Cancer Network](#) – Matches women who have cancer and are pregnant with support women who have had the same type of cancer.

# Financial

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## Education

- [Foundation for Women's Cancer](#) – Provides a list of financial questions that individuals can ask their treatment team.
- [ASCO Answers](#) – This document discusses managing the cost of cancer care along with sharing resources for patient and families.

## Financial Assistance

- American Cancer Society – [Understanding Health Insurance](#) – Shares information on private and government insurance and other sources of financial help.
- [Benefits Check-Up](#) – Assists adults over age 55 with help to pay for prescription drugs, health care, utilities, and other basic needs.
- [CancerCare](#) – Offers limited financial assistance for cancer-related costs and co-pays.
- [Cancer Financial Assistance Coalition](#) – A coalition of financial assistance organizations working to eliminate financial challenges by educating patients on existing resources.
- [Cancer Insurance Checklist](#) – Assists those who have cancer, a history of cancer, or are at risk for cancer with signing up for insurance using the [Health Insurance Marketplace](#). In some circumstances people can enroll even when the marketplace is not open.
- [Co-Pay Relief Program](#) – [Patient Advocate Foundation](#) program providing direct financial assistance to insured patients to help pay for treatment. It assists with out-of-pocket costs not covered by insurance. It can be reached by calling 866-512-3861.
- [Health Well Foundation](#) – Provides financial assistance for a variety of cancer types.
- [Medicine Assistance Tool.org](#) – A search engine designed to help patients, caregivers, and providers learn about resources available through biopharmaceutical programs.
- [The Michigan Department of Health and Human Services](#) – Provides information for people looking for free or low-cost health care.
- [New Day Foundation for Families Fighting Cancer](#) – Works with hospitals across Michigan to alleviate the financial and emotional burden caused by cancer.
- [Needy Meds](#) – Provides information on pharmaceutical assistance programs.
- [PAN Foundation](#) – Offers assistance programs for a variety of cancers.
- [Rx Assist](#) – Provides aid with pharmaceutical company programs and other resources to help reduce medication costs.
- [Rx Hope](#) – A helping hand to people in need of medications. They serve as an advocate with patient assistance programs.

# Healthy Lifestyles

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## Education Resources

- [American Institute for Cancer Research](#) – Provides information on healthy living for survivors including infographics, quizzes, and videos.
- Centers for Disease Control and Prevention – [Talk to Someone](#) is an online resource for survivors. It discusses anxiety, alcohol, tobacco use, physical activity, and nutrition.
- Cancer.Net provides education on healthy lifestyles:
  - [Six lifestyle changes](#) that can be made to improve cancer care
  - [Healthy living after cancer](#)

## Resources for Healthy Lifestyles

- [Blood Pressure Self- Monitoring Program](#) – Helps adults manage their blood pressure with self-monitoring, individualized support, and nutrition education.
- [Diabetes Prevention Program](#) – Provides support through lifestyle change to delay or prevent the onset of type 2 diabetes. Participants work with lifestyle coaches.
- Cancer: Thriving and Surviving – A workshop focused on providing survivors with self-management skills. Contact [WebsterD1@michigan.gov](mailto:WebsterD1@michigan.gov) to discuss referring patients.
- [WISEWOMAN](#) – Empowers women ages 40 - 64 to make healthy lifestyle choices.

## Smoking Cessation

- [Michigan Tobacco Quitline](#) – Provides free online and phone coaching services. Cancer survivors may qualify for free time-limited nicotine replacement therapy.
- [Clearing the Air: Quit Smoking Today](#) – A booklet designed to support individuals with quitting smoking at any stage in their journey.

## Physical Activity

- [Enhance Fitness](#) – A class designed to help primarily older adults at varying levels of fitness live independently as possible.
- [Livestrong at the YMCA](#) – This program focuses on increasing physical activity in cancer survivors following treatment and supporting their body, mind, and spiritual needs.
- [Moving for Better Balance](#) – A 12-week evidence-based group exercise program based on the principles of Tai Chi that teaches eight movements modified for fall prevention.

## Nutrition

- [Cooking Matters](#) – Free cooking and nutrition program for adults.
- National Cancer Institute – [Eating Hints: Before, During, and After Cancer Treatment](#) covers how diet needs differ with cancer, common eating problems, and tips.

# Psychosocial Support

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## Education

- [American Cancer Society](#) – Information on types of psychosocial support services.
- [CancerCare](#) – Addresses mental health while coping with a cancer diagnosis including self-image, managing stress, and coping with anger, anxiety, depression, and guilt.
- [Cancer.Net](#) – Has a section dedicated to managing emotions in cancer.
- [Look Good Feel Better](#) – Provides workshops on makeup and wigs for women with cancer (currently suspended due to COVID-19).
- [National Behavioral Health Network](#) – Provides information on the mental health impacts of a cancer diagnosis and how to manage them.
- National Cancer Institute – [Taking Time](#) is a booklet for people with cancer and their caregivers to address the emotional aspects of cancer.
  - [Feelings and Cancer](#) – Discusses common emotions and ways to cope.

## Mentors / One-on-One Support

- [Cancer Hope Network](#) – Provides free one-on-one emotional peer support to adult cancer patients and their loved ones.
- [Imerman Angels](#) – Supporting people with cancer and their caregivers through personalized, one-on-one connections with someone who has had a similar experience.

## Online Support

- [American Cancer Society](#) – Has a variety of programs that provide psychosocial support.
- [CancerCare](#) – Online support groups take place using a password-protected message board format (not live chat) and are led by oncology social workers.
- [Cancer.Net](#) – Provides information about online communities and links to several organizations that offer them.
- [Cancer Support Community](#) – Provides free social and emotional support for people impacted by cancer in an online format.

## Local Support

- [Gilda's Club: Detroit](#) – Provides support and networking groups, educational lectures, workshops, and social activities for cancer patients and their loved ones.
- [Gilda's Club: Grand Rapids & Lowell](#) – Provides free emotional healthcare to children, adults, families, and friends impacted by cancer.
- [Cancer Support Community of Greater Ann Arbor](#) – Provides free social and emotional support for people impacted by cancer in Ann Arbor, Brighton, Canton, and Chelsea. It includes support groups, educational workshops, classes, and social activities.

# Recurrent and Metastatic Cancer – End-of-Life

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## Recurrent & Metastatic Cancer

- American Cancer Society – [Coping with Advanced & Metastatic Cancer](#)
- Cancer.Net
  - [What is Metastasis?](#)
  - [Dealing with Cancer Recurrence](#)
  - [Coping with Metastatic Cancer](#)
  - [Putting Your Health Care Wishes in Writing](#)
  - [When You and Your Family Differ on Treatment Choices](#)
  - [Completing Your Life](#)
  - [Hospice Care](#)
  - [Care through the Final Days](#)
- National Cancer Institute – [When Cancer Returns](#)

## Advanced Cancer Care Planning

- CancerCare – [Advance Care Planning: Be Prepared](#)
- Cancer.Net – [Advanced Cancer Care Planning](#)
- National Cancer Institute – [Coping with Advanced Cancer: Choices for Care Near the End of Life](#)

## End-of-Life Care

- [American Cancer Society](#) – Provides next steps for those for whom treatment is no longer working or has been stopped.
- [American Hospice Foundation](#) – Has a variety of articles on hospice including, [Choosing a Hospice: 16 Questions to Ask](#).
- [National Cancer Institute](#) – Information on end-of-life care for people with cancer.
- [National Institute on Aging](#) – This booklet provides an overview of the issues often faced by people caring for someone nearing the end of life.
- [National Hospice and Palliative Care Foundation](#) – Provides a program called CaringInfo that shares free resources to help people make decisions about end-of-life care.

# Underserved Populations

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Many websites have resources for a variety of underserved populations. This page provides an example of these types of education materials and resources. It does not address every underserved population or resource available for any specific underserved population. The reader is encouraged to search for resources specific to the individuals they serve.

## African American Community

- [Sister's Network](#) – Focuses on breast cancer in the Black community providing [resources](#) and [information](#). Michigan has [two chapters](#) both found in the greater Detroit area.
- [Zero](#) – Provides information on African American prostate cancer.

## Hispanic Community

- [CancerCare](#) – They have resources in Spanish including publications and toll-free lines.
- [SHARE](#) – Provides educational resources for women with breast cancer.

## Jewish Community

- [Sharsheret](#) – Provides individual professional support and culturally appropriate education materials for women at risk of breast and ovarian cancers.
- [Jewish Family Service of Metropolitan Detroit](#) – Provides many supportive services including a Cancer Thrives Network for Jewish women.

## LGBT Community

- [National LGBT Cancer Network](#) – Serves lesbian, gay, bisexual, and transgender cancer survivors who are disproportionately affected by cancer.
- [National LGBT Cancer Project](#) – A support and advocacy nonprofit organization. It includes an online support group community.

## American Indian Community

- [National Native Network](#) – Works to decrease commercial tobacco use and cancer health disparities among members of American Indian and Alaska Native tribes.
- [American Indian Cancer Foundation](#) – Has a webinar series entitled “Celebrate Indigenous Life.”

## People Living with a Disability

- [American Cancer Society](#) – Provides a guide on the Americans with Disabilities Act for people with cancer.
- [Disability Rights Legal Center](#) – Offers disability rights advocacy by providing free legal assistance to people with a disability experiencing discrimination.

# Cancer Caregivers and Family Members

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## Education

- [American Cancer Society](#) – Has a resource guide that helps caregivers learn to understand what the person with cancer is experiencing and self-care strategies.
- [CancerCare](#)
  - [What Can I Say to a Newly Diagnosed Loved One?](#)
  - [Advice for Caregivers: Handling Burnout](#)
  - [Building a Community of Support](#)
- [Cancer Support Community](#)
  - [Becoming a Caregiver](#)
  - [10 Tips for Caregivers](#)
- [Cancer. Net](#) – Website has a section dedicated to caring for a loved one.
- [Caregiver Action Network](#) – Is not specific to cancer caregiving but has a helpful infographic entitled [“10 Tips for Family Caregivers”](#) and a [family caregiver toolbox](#).
- [National Cancer Institute](#)
  - [Facing Forward: When Someone you Love has Completed Cancer Treatment](#)
  - [When Someone You Love is Being Treated for Cancer](#) (52 pages)
    - [Caring for the Caregiver](#) (A condensed version, 20 pages)
  - [When Someone You Love has Advanced Cancer: Support for Caregivers](#)
  - [When Your Parent has Cancer: A Guide for Teens](#)

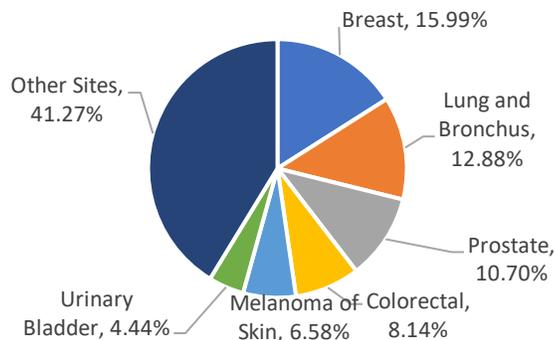
## Resources

- [CancerCare](#) – Provides free, professional support services for caregivers.
- [Help for Cancer Caregivers](#) – Resources for cancer caregivers.
- [Imerman Angels](#) – Supporting people with cancer and their caregivers through personalized, one-on-one connections with someone who has had similar experiences.
- [My Cancer Circle: The Power of Community](#) – A free tool that supports caregivers and helps them organize their community and communicate with other caregivers, along with coordination of volunteer activities, meals, and transportation.
- [Triage Cancer](#) – Resources include animated videos, quick guides, and webinars to address legal and practical issues of caregiving.

# Cancer Specific Resources

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In Michigan, the six most common cancer types are breast, lung, prostate, colorectal, melanoma, and urinary bladder. Together these cancers make up over half (58.7%) of the cancer diagnoses in Michigan. There are an additional 20 cancer sites that are grouped in the “other sites” category.<sup>1</sup>



It is beyond the scope of this paper to provide resources for all cancer types but resources for the top six cancers and a few others are provided.

## Cancer Specific Resources- Bladder Cancer

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### Education

- [Bladder Cancer Action Network](#) – Provides educational tools including the [Bladder Cancer Basics Handbook](#) and [Resources for Caregivers and Patients](#).
- [CancerCare](#) – Provides educational information in a variety of formats including publications, workshops, and podcasts.
- [Cancer.net](#) – Two-page handout on bladder cancer with questions to ask providers.
- [National Cancer Institute](#) – Provides a variety of topics around bladder cancer.
- [National Comprehensive Cancer Network](#) – Guidelines for patients on bladder cancer – urothelial carcinoma.
- [Urology Care Foundation](#) – Offers educational materials on a variety of topics.

### Resources

- [Bladder Cancer Action Network](#) – Provides information on bladder cancer support groups. Some groups are currently offered in Ann Arbor and Detroit.
- [American Bladder Cancer Society](#) – Offers a variety of resources.

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1. Michigan Resident Cancer Incidence File. Updated with cases processed through November 30, 2019. Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services.

# Cancer Specific Resources – Breast Cancer

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## Financial Support

- [DONNA Care Line](#) – Provides individualized case management to people with breast cancer who need assistance with insurance barriers and other financial needs. They can be reached by calling 877-236-6626.
- [The Pink Fund](#) – Provides financial help to individuals with breast cancer. Patients must have been working at the time of diagnosis and show a loss of income due to their cancer.
- [Pink Ribbon Riders](#) – Offers financial assistance to both men and women in treatment for breast cancer and have financial stress.

## Education

- [Breast360.org](#) – Provides a wide variety of educational material on breast cancer (part of American Society of Breast Surgeons Foundation).
- [BreastCancer.org](#) – Provides a variety of educational information on breast cancer in English and [Spanish](#).
- [BreastReconstruction.org](#) – Provides information on breast reconstruction.
- [FORCE](#) – Shares information on breast cancer and hereditary cancers.
  - [XRAYS: eXamining the Relevance of Articles for Young Survivors](#) – Reviews cancer news reports of interest to young women with breast cancer.
- [Living Beyond Breast Cancer](#) (LBBC) – Offers programs and services to help individuals whose lives have been impacted by breast cancer.
- [Metastatic Breast Cancer Network](#) – Provides a wide variety of information about living with metastatic breast cancer.
- [SHARE](#) – Provides education resources for women with breast cancer.
- [Sharsheret](#) – Provides education and support with a focus on Jewish women.
- [Triple Negative Breast Cancer Foundation](#) – Provides educational materials on triple negative breast cancer. They also offer a free oncology social worker to support patients, families, and healthcare providers. Call 877-880-TNBC (8622).

## Educational Required Subscription

- [Cope Library](#) – Unlimited handouts can be printed with a subscription.

# Cancer Specific Resources – Colorectal Cancer

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## Education

- [CancerCare](#) – Provides information in a variety of formats including publications, workshops, and podcasts.
- [Cancer.Net](#) – A colorectal cancer booklet from the American Society of Clinical Oncology. The [ASCO answers](#) summary includes questions to ask the healthcare team.
- [Colorectal Cancer Alliance](#) – Information on colorectal cancer under the age of 50.
- [Fight Colorectal Cancer](#) – Provides educational resources on a variety of topics.
- [National Cancer Institute](#) – Provides information on colorectal cancer and its treatment, as well as information on coping with a cancer diagnosis.
- [National Comprehensive Cancer Network](#) – This booklet provides patient education on colorectal cancer treatment, and follow-up care.

## Resources

- [Colorectal Cancer Alliance](#) – They offer a variety of programs including a helpline, buddy program, and financial assistance programs.
- [Fight Colorectal Cancer](#) – Provides resources on paying for colorectal cancer treatment.

# Cancer Specific Resources - Lung Cancer

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## Education

- [ALK Positive](#) – Addresses ALK-positive lung cancer.
- [American Lung Association](#) – Resources for patients and caregivers.
- [CancerCare](#) – Provides educational information in a variety of formats including publications, workshops, and podcasts.
- [Cancer.Net](#) – Shares information on Non-Small Cell Lung Cancer.
- [Caring Ambassadors](#) – Provides information on lung cancer, including a book entitled “[Lung Cancer Choices](#),” which is available online.
- [GO2 Foundation for Lung Cancer](#) – Has materials and resources for people with lung cancer including one-on-one support, peer support, and webinars.
- [LungCancer.org](#) – Information and services including financial assistance and oncology social worker support.
- [Lung Cancer Institute](#) – Shares information on colorectal cancer and its treatment as well as information on coping with cancer.
- [National Comprehensive Cancer Network](#) – This booklet provides education on colorectal cancer treatment, and follow-up care.

# Cancer Specific Resources – Melanoma & Skin Cancer

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## Education

- [AIM at Melanoma](#) – Provides the Melanoma Learning Center including several videos.
- [CancerCare](#) – Provides educational information in a variety of formats including publications, workshops, and podcasts.
- [Cancer.net](#) – Skin Cancer (non-melanoma) resources.
- [Cancer.net](#) – Melanoma resources.
- [Melanoma Research Foundation](#) – Provides patients and providers with information about prevention, diagnosis, and the treatment of melanoma.
- [National Comprehensive Cancer Network](#) – This booklet provides patient education on colorectal cancer treatment and follow-up care.
- [Skin Cancer Foundation](#) – Treatment information and resources for people with skin cancer.

# Cancer Specific Resources – Prostate Cancer

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## Financial Support

- [The Blue Fund](#) – Provides short-term financial assistance to prostate cancer patients during active treatment. This fund is a product of the [Men's Health Foundation](#).
- [Us Too](#) – Compiled a list of potential financial assistance organizations.

## Education

- [Centers for Disease Control – Talk to Someone About Prostate Cancer](#) – This interactive page shares information about prostate cancer screening and treatment.
- [FORCE](#) – Looks behind the headlines of cancer news to help individuals understand what the research means for them.
- [MUSIC](#) – Provides patient education materials to assist with decision making.
- [National Comprehensive Cancer Institute](#) – This booklet provides patient education on colorectal cancer treatment and follow-up care.
- [Prostate Cancer Foundation](#) – Provides a variety of educational resources including topics related to patient navigation, family cancer risk, and living with prostate cancer.
- [Us Too](#) – Provides materials and resources to men with prostate cancer. This includes online support groups and one-on-one support.
- [West Michigan Prostate Health Alliance](#) – Offers support to men and their families at any point on the prostate cancer continuum.
- [Zero: The End of Prostate Cancer](#) – Provides prostate cancer education including information for caregivers. Their resource library also includes webinars and videos.

# Other Cancer Site Resources

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## Gynecologic Cancers

### Education

- [FORCE](#) – Looks behind the headlines of cancer news to help individuals understand what the research means for them. They are also a reliable source of hereditary cancer research-related news and information for those with breast, pancreatic, ovarian, and prostate cancers.
- [Foundation for Women’s Cancer](#) – Offers resources including:
  - [Post treatment survivorship](#) information.
  - [Brochures](#) and other educational material for women who have developed or who are at risk of developing a gynecologic cancer.
- [Hyster-Sisters: Woman to Woman Hysterectomy Support](#) – Provides information for women on hysterectomy support.
- [National Ovarian Cancer Coalition](#) – Provides information on ovarian cancer, its treatment, and recurrent disease.
- [Ovarian Cancer Research Alliance](#) – Offers information on ovarian cancer and clinical trials.
- [SHARE](#) – Provides resources for women with breast cancer and metastatic breast cancer.

### Resources

- [Michigan Ovarian Cancer Alliance](#) – This Michigan-based organization provides a [resources page](#), including Michigan-specific financial resources.
- [Ovarian Cancer Research Alliance](#) – Resources for women with ovarian cancer, including a social worker to assist with navigating treatment, webinars, and an online support community.

## Other Cancers

- [Leukemia and Lymphoma Society](#) – Education and resources for those who have a diagnosis of leukemia, lymphoma, Hodgkin’s disease, or myeloma.
- [Oral Cancer Foundation](#) – Provides education and resources for people with cancers in the head and neck areas including the mouth, oropharynx, and lips.
- [Pancreatic Cancer Action Network](#) – Provides education and resources for those who have a diagnosis of pancreatic cancer.

# Cancer Age Specific Resources – Children

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## Education

- [Alex's Lemonade Stand](#) – Has a [resource page for childhood cancer families](#). It includes resources on COVID-19 and childhood cancer guides.
- [Cancer.Net](#) – Has a variety of links to educational materials including prepping your child for medical procedures, childhood cancer survivorship, and late effects of cancer.
  - [Caring for a Terminally Ill child](#) covers issues around advanced cancer.
- National Cancer Institute
  - [Children with Cancer: A Guide for Parents](#) discusses talking with a child about treatment, support, and resources.
  - [When your Brother or Sister Has Cancer: A Guide for Teens](#) shares information on treatment, talking with friends, managing stress, and finding support.

## Resources

- [Compass to Care](#) – Offers travel assistance for children (under age 18) receiving cancer treatment. Eligible participants travel at least 60 miles to the cancer center for care.
- [Ronald McDonald Houses](#) – Offers support to families with a child (21 years old or younger) in need of hospital treatment. [There are various locations in Michigan.](#)

# Cancer Age Specific Resources – Young Adults

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## Financial Support

- [Allyson Whitney Foundation](#) – Provides “[Life Interrupted Grants](#)™” to ease the financial burden of young adult cancer patients. Grants (typically \$500 to \$1,000) are awarded to young adults in treatment between the ages of 16 and 36. This includes breast cancer as it is considered rare in young adults. The next application period is expected June 2021, due to COVID-19.
- [Cancer for College](#) – Offers scholarships to college students who have had a personal diagnosis of cancer.
- [Lacuna Loft](#) – Provides online support programs to young adult cancer patients, survivors, and caregivers.
- [Sy's Fund](#) – Offers support to people between the ages of 18 to 39 receiving ongoing medical treatment related to their cancer. They provide funding for integrative therapies such as acupuncture, reflexology, reiki, and therapeutic massage.

- [The Samfund](#) – Provides grant funds to survivors between the ages of 21 to 39 who are 1) finished with active treatment with no evidence of disease 2) one year past planned therapy with stable disease 3) in remission and on hormonal therapy or in remission and on long-term targeted therapy.

#### Education

- American Cancer Society
  - [Late and Long-Term Effects of Cancer Treatment in Young Adults](#)
  - [Special Issues for Young Adults with Breast Cancer](#)
- [Cancer.Net](#) – Education on topics specific to cancer in young adults and teenagers.
- [Cassie Hines Shoes Cancer Foundation](#) – A Michigan-based organization helping young adults with cancer by guiding them to peer support programs and resources.
- [National Cancer Institute](#) – Evidence-based information on cancer in young people.
- [Stupid Cancer](#) – A website dedicated to the adolescent and young adult cancer community. Their mission is to empower young adults affected by cancer.
- [Ulman Foundation](#) – Provides support to young adults with cancer and their caregivers. Provides education information through the cancer continuum including a 12-week cancer to 5-K training program and resource directory.
- [Young Survival Coalition](#) – Focused on the unique needs of young women with breast cancer.

#### Resources

- [Cancer.Net](#) – Collected a list of organizations that serve young adults with cancer.

## Cancer Age Specific Resources – Over 60

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#### Education

- [CancerCare](#) – Provides resources, support and information for older adults with cancer.

#### Resources

- [Michigan Department of Health and Human Services \(MDHHS\) Aging & Adult Services Agency](#) – Offers a searchable database for local services and providers for older adults.
  - [Case Coordination & Support](#) – A service offered by the Area Agencies on Aging. A case coordinator helps with organizing access to community services that enhance informal support systems.
  - [Home Delivered Meal Program](#) – A nutritionally sound meal delivered once a day to eligible adults who are not able to leave their home and do not have support preparing meals.

- [Senior Project FRESH](#) – Provides seniors 60 years and older with an income of 185% of poverty or less with coupons for fruits and vegetables at farmers' markets.
- [Eldercare Locator](#) – A public service of the U.S. Administration on Aging with a database and website containing local and national resources related to such things as housing, health, transportation, insurance, and support services.

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